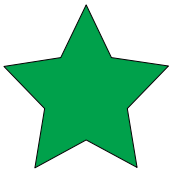
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# December Newsletter

## Color/Shape



## Letters

**Jj, Kk, Ll**

## Numbers

**9-10**

## Word Wall

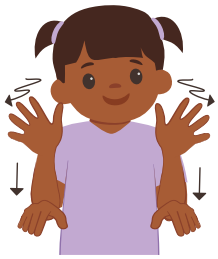
touch, taste, winter, shovel

## Sign Language




**Smell**

Use hand to act as if wafting a good smell toward your nose twice.



**Snow**

Place hands in air. Flutter fingers as you move hands down and side to side.

## Songs & Rhymes

### The North Wind

The north wind does blow,
and we shall have snow,
And what will the robin do then?
Poor thing!

He will sit in the barn,
And keep himself warm,
And hide his head under his wing,
Poor thing!

### Five Senses Poem

My five senses are helpful to me —
Smell, hear, touch, taste, and see.
I use my senses every day —
Indoors, outdoors,
Explore and play!

## Themes

### Five Super Senses

Sight, hearing, taste, smell, and touch — these are the five super senses! This theme provides many opportunities for hands-on discovery and learning. Children will explore seasonal textures, sounds, scents, and more. Tips on sensory development will be offered as well.

### Sparkles & Shivers

Bundle up and get ready to dig into winter! Whether you live in a cold or warm climate, children will enjoy learning all about this time of year and celebrating the magic of the winter season.

## Learn with Me

**I Spy with My Eyes**

Play a game of "I Spy" with your child to encourage them to look closely at the world around them. Choose something your child can see and give them clues about it without saying what it is. Use the five senses to describe the object.

You might ask or prompt your child:

- "I spy something that is round. What could it be?"
- "I spy something that is blue. Can you find it?"
- "Can you find something that is soft?"
- "I see something that starts with the /b/ sound."

Encourage your child to look around and guess what you are thinking. Take turns so your child can also choose something for you to guess!

## Recipe



**Fruit Mash Toast**

your choice of soft fruit
(e.g. bananas, berries)
cream cheese
toast or rice crackers

Invite your child to help you peel or wash the fruit. Assist in cutting the fruit into small pieces as needed. Place the pieces in a bowl and ask your child to help you mash them using a spoon or fork.

Toast a piece of bread or use rice crackers. Invite your child to spread cream cheese and fruit jam on top. Enjoy a healthy, crunchy snack!